

THE PATRICIAN

Speaking the Truth in Love (Eph 4:15)

March 2015

MESSAGE FROM PARISH PRIEST

Dear Parishioners,

17th March is the Feast of our patron, St. Patrick. I take this opportunity to wish all of you a very happy feast! This month, we have prepared a special 8-page edition of The Patrician, in which many of the articles give a glimpse into the life of this great Apostle to Ireland, as well as the history of our Church. I hope and pray that the powerful intercession of St. Patrick will work wonders for our parish community, and will bring us closer to God, especially in this season of Lent.

Lent is a time for self renewal. I would encourage you all to use this time given to us so judiciously by our Mother, the Church, to inculcate spiritual habits of prayer, confession, reading of the Holy Scriptures, fasting and charity so that we are well prepared to meet the Risen Lord at Easter. The Holy Father in his message for Lent has asked us to shed the attitude of indifference that is prevalent across the world and to make our hearts firm and merciful like that of our Lord. Do spend time reflecting on the themes suggested by the Holy Father so that we become more like Jesus.

St. Patrick's Church is blessed with the presence of a

large number of religious congregations within its boundaries. This month, we have featured an article on the Good Shepherd Convent. The Congregation has been part of our Parish since 1854 and is active in Bangalore through several ministries, especially educational and medical services. We are indeed proud of the service they render to society.

When one serves the Church, one serves the Body of Christ. Among the various ministries of service in the Church, this month we have featured articles on two important ones - Altar Service and Counselling. There are various other ways of serving the Church, and I urge each one of you to take up some activity of service, in imitation of Christ who "came not to be served, but to serve" (Mt 20:28)

The last Sunday of the month is Palm Sunday, with which we commemorate Jesus' triumphal entry into Jerusalem and commence the Holy Week. I invite you to participate wholeheartedly in the services of the Holy Week, which will be a great preparation to celebrate the Resurrection.

May God bless you all!

Fr. A. Sagayanathan Parish Priest

"MAKE YOUR HEARTS FIRM!" MESSAGE OF POPE FRANCIS FOR LENT 2015

In his Message for Lent 2015, the Holy Father Pope Francis described the season of Lent as a "time of grace" (2 Cor 6:2). He addressed primarily the challenge of the 'globalization of indifference' basically the selfish attitude of indifference which has taken on global proportions. He proposed reflection on three biblical texts - one each for the Church, for Parishes & Communities, and for Individual Christians. The Church: "If one member suffers, all suffer together" (1 Cor 12:26) The Holy Father asked the faithful to break through the fatal barriers of indifference and "let God clothe them with goodness and mercy, with Christ, so as to become, like Christ, servants of God and others." He says that the Church is the 'Communion of Saints' not only because of her Saints, but because she is a communion in holy things. In this communion of saints, in this sharing in holy things, no one possesses anything alone, but shares everything with others.

Parishes and Communities: "Where is your brother?" (Gen 4:9)

"The Church follows Jesus Christ along the paths that lead to every man and woman, to the very ends of the earth (cf. *Acts* 1:8). In each of our neighbours, then, we must see a brother or sister for whom Christ died and rose again. What we ourselves have received, we have received for them as well." He expressed his desire that our parishes and communities may become islands of mercy in the midst of the sea of indifference.

Individual Christians: "Make your hearts firm!" (James 5:8)

The Holy Father asks that the faithful make Lent fruitful by prayer, charity and conversion. "During this Lent, let us all ask the Lord: *Make our hearts like yours*. In this way we will receive a heart which is firm and merciful, attentive and generous, a heart which is not closed, indifferent or prey to the globalization of indifference."

EDITORIAL BOARD

Fr. A Sagayanathan Ms. Rosaline Farias Mr. Larry Furtado

KNOW YOUR CONGREGATION

We hope to bring you a series of articles on some of the major Religious Congregations which are situated in our Parish. In the first of this series, we take a look at the CONGREGATION OF OUR LADY OF CHARITY OF THE GOOD SHEPHERD. It was founded by St. Mary Euphrasia Pelletier and St. John Eudes and was approved by Pope Gregory XVI on January 16th 1935. If you cross Museum Road from St. Patrick's Church, you come face to face with the sprawling premises of the Good Shepherd Convent.

The Spirituality of the Congregation is centred on the Person of Jesus the Good Shepherd; hence the charism of the Congregation is the mission of Reconciliation that is expressed through the merciful love of the Good Shepherd by the Apostolic or Contemplative way of life. The guiding force of the Mission is none other than that of Jesus the Good Shepherd, to search for the lost, the last and the least by developing their individuality, especially children, girls, and women. They are helped spiritually, emotionally, academically, socially and physically, so that they become well-balanced persons who are able to face the challenges of a fast-moving world.

It was in the 19th century that Bishop Charbonnaux of Mysore, paid a visit to Mother Euphrasia in France requesting her to send her sisters to establish a Convent in Bangalore. She was delighted to send five sisters who, after sailing for 3 months, reached India and proceeded to Bangalore by bullock cart. On 14th August 1854, they were welcomed by St. Patrick's Parish, and initially supported themselves by giving music lessons. They obliged the Government by caring for numerous people who were dying of cholera/plague. 'ONE PERSON IS MORE PRECIOUS THAN THE WHOLE WORLD' is what motivated the spirit of each one in their commitment.

The campus at Museum Road is extensive and has the following communities:

1. Good Shepherd Convent

Superior: Sr. Mercy Abraham.

Ministries: Five Schools, Two Residential Care Centres, A Hostel for poor girls/women who do their studies while employed for a small salary, outreach programmes for families of the slums.

2. Priyadarshini Community

Superior: Sr. Teresa Mandakath.

Ministries: Working women's hostel for the low income groups, vocational training centre for school drop outs.

3. Contemplative Sisters of the Good Shepherd

Superior: Sr. Agnes Rayappa

Ministries: Prayer for the ministries of the Apostolic Sisters of the Good Shepherd. They also

- make the Altar bread and supply it to various parishes and Religious houses.
- 4. Formation House (Jeevan Jyothi). This is the Novitiate for the Province.

The five schools run by the Good Shepherd Convent sisters are:

- 1. Sacred Heart Girls' High School (I.C.S.E.)
- 2. Sacred Heart Nursery
- 3. St. Euphrasia's Girls' High School (State Board)
- 4. St. Euphrasia's Higher Primary
- 5. St. Agnes's Girls' Higher Primary (State Board)

Sr. Mercy Abraham is the Manager of all the Schools.

The Convent has a large state-of-the-art auditorium, which is used not only for its own needs but is also open to the public on hire.

Besides the above, the Congregation also runs the 500-bed St. Martha's Hospital, St. Michael's Convent at Indiranagar which caters to single mothers and Good Shepherd Provincialate at Cornwell Road.

The Respect For Life India (RFLI) has its office in the premises of the Good Shepherd Convent. Sr. Annunciata, RGS, has been the Secretary and Treasurer for many years and she plays a very prominent role in its functioning. RFLI regularly organises video presentations on respect for life at various schools and colleges.

As is evident, the Good Shepherd Sisters are full of the compassion and service that Jesus exhorts us to have when He tells us to tend to His sheep.

The Congregation looks forward to many young women who would be willing to join them to serve more and more people with the Compassion and Mercy of the GOOD SHEPHERD. Cross the road, girls!

Amita Braganza St. Peter's Zone

IMPORTANT DAYS IN MARCH

Mar 8 - International Women's Day

Mar 13 - Anniversary of Pope Francis' election (2013)

Mar 17 - Feast of St. Patrick, Patron of the Parish

Mar 19 - Feast of St. Joseph

Mar 25 - Annunciation of the Lord

Mar 29 - Palm Sunday; Holy Week begins

OBITUARY (16th Jan to 15th Feb)

- 1. Joseph Jacob (18.1.2015) St. Joseph Zone
- 2. Karthik C. Stanley (15.2.2015)
 - -St. Anthony Zone

WHO IS ST. PATRICK? A BRIEF BIOGRAPHY

Patrick, the Great Apostle of Ireland, was the son of a Roman Deacon in Britain, and through his mother was closely related to St. Martin of Tours. When he was 16, he was captured by Irish pirates and taken as a slave to Ireland. He spent six years there as a shepherd before he was able to escape and make his way to Britain and the monastery of Tours. His spiritual understanding and prayer life meanwhile, developed greatly. He longed to instruct the pagan Irish in the faith, but some 20 years were to pass before he would return to them in the official capacity of a missionary.

The British Bishop Palladius was sent to Ireland by Pope Celestine I in the year 430 'to the Scotts who believe in Christ'; but he encountered such hostility on the part of the pagans that he returned to England and died soon after. Thereupon Patrick, then in his forties, was consecrated Bishop and commissioned to evangelize his one-time captors. He too was first driven back to his ship by the Druids, but effected a landing further north, where he converted the chieftain Dichu by a miracle and dedicated the first Christian sanctuary Sabhall (Saul).

When some years later all the chiefs assembled at the Hill of Slane, Patrick seized the opportunity to expound boldly the faith and used the shamrock to illustrate the doctrine of the Holy Trinity. The enraged Druid priests demonstrated their demonic powers by means such as levitation; but when Patrick's prayer was able to bring them to naught, King Leoghaire gave him permission to teach Christianity throughout the isle. It was at this time that he composed the magnificent hymn called the 'St. Patrick's Breastplate' or the 'Lorica'.

Anthony Rajesh Memorial Trust

The Parish Pastoral Council is very grateful for the generous contributions received towards the Anthony Rajesh Memorial Trust. As on 23rd Feb 2015, the amount collected is around Rs. 8 lakhs as against our target of Rs. 15 lakhs. Those desirous of contributing may kindly hand over your contributions in cash or cheque to the Church Office. All cheques should be drawn in favour of Anthony Rajesh Memorial Trust. Alternatively, you may also do an online transfer as per the below details.

Syndicate Bank, Residency Road Beneficiary name: Anthony Rajesh Memorial Trust A/C No: 04182010090118; A/C Type: Savings IFSC SYNB0000418; MICR 560025012 Patrick spent seven years in the evangelization of Connaught, and then wandered through Ulster, Meach, Leinster and Limerick where God permitted him to work numerous miracles. He and his companions were thrown into prison a number of times and threatened with death, but in the end his success was astounding. Chiefs and common people came into the Church by thousands.

The Pope sent three Auxiliary Bishops to Ireland in the year 439. Two years later, Patrick went to Rome to report his work to Pope Leo the Great. Upon his return, he travelled about Ireland continually, organizing parishes and dioceses with native clergy, and before long there also sprang up a number of convents and monasteries - the training schools for the numerous future saints who contributed so greatly to strengthening the faith in Europe.

When Patrick died at Sabhall in the year 493, he had established the Church in Ireland on a truly solid foundation. So rapid and thorough had been the country's conversion that within 10 years of his landing, he had been called upon to help revise the laws on a Christian basis.

Of his indisputably genuine writings which have come down to us, his 'Confessio' (extracts can be found on page 6) and 'Epistola ad Coroticum' (Letter to the soldiers of Coroticus, by which he excommunicated them for the massacre and enslavement of newly baptized Christians) deserve to be more widely known and appreciated, for they reveal God's wonderful and providential workings in and through his great soul.

Glorious St. Patrick, pray for us!

Interesting Facts about St. Patrick

- 1. The clover or shamrock is a symbol of St. Patrick since he used it to explain the Trinity.
- 2. Jocelin of Glasgow, a 12th century Cistercian monk records in 'The Life and Acts of St. Patrick' that the Saint had, in the name of the Holy Trinity, raised 33 dead men.
- 3.St. Patrick, by his tireless labours had consecrated 350 bishops, erected 700 churches and ordained 5000 priests, making it a Catholic land by the time of his death.
- 4. In addition to being the patron of Ireland and several dioceses throughout the world, he is also the patron of engineers.

ST. PATRICK'S FEAST - 17TH MARCH

The Patrician this month brings you a rare historical treat. Have you ever wondered what St. Patrick's was like over a hundred years ago? The article reproduced below was first published in the London weekly, 'The Tablet' on 23rd April, 1892. Set in the background of the colonial presence in India, the article vividly describes the celebration of St. Patrick's Feast in Bangalore on 17th March, 1892 in an article titled 'Catholics Abroad'.

Catholics Abroad

The Tablet, 23rd April 1892, page 27

ST. PATRICK'S DAY IN BANGALORE. For the first time in the annals of the Civil and Military Station of Bangalore, says the Daily Post of Bangalore, the sons of Erin¹, numbering about 250, mustered strong at the Cathedral² named after the Patron Saint to celebrate the auspicious day. From an early hour in the morning the chimes pealing forth from the towers of the Cathedral announced that the titular festival was to be celebrated. Though this festival was celebrated on a week day, the Cathedral was crowded with a large congregation. The high altar, as well as the altar of St. Patrick³, was magnificently decorated. By special request of the members of the League of the Cross⁴, the Rev. A. M. Tabard⁵ celebrated High Mass⁶ on St. Patrick's altar which was decorated with shamrocks procured from Ireland by the members of the League. The members of the League, mustering in number about 74, wore a rosette and sprig of the shamrock and all received the Holy Communion. After Mass the members of the League were photographed. In the centre of the group was seated Father Tabard, together with Messrs. T. Delaney and E. Brown, the Vice-President and Honorary Secretary of the League. At the back was shown to advantage the Banner of the League surmounted by a wreath of shamrock and a likeness of the Patron Saint. After High Mass, the Irish flag was unfurled at the entrance to the library, which was festooned with garlands and flowers. Here the

The Patrician wishes all parishioners a very happy St. Patrick's Feast! May the intercession of St. Patrick be with us always.

We also wish the members of St. Joseph's Zone a Happy Feast on the occasion of the Feast of St. Joseph on March 19.

members of the League entertained their friends to a sumptuous breakfast. Connected with these festivities, a grand soiree was held by the members of the League of the Cross in the Library Room attached to the Cathedral named after the Patron Saint of Ireland. The sermon on the same evening was delivered by the Rev. Father Boyet, one of the Professors of St. Joseph's College. He took his text from the 13th chapter, 7th verse of the Epistle of Saint Paul to the Hebrews: "Remember your Prelates who have spoken to you the word of God." The rev. gentleman spoke at some length on the persecution the Irish had suffered on account of their faith, and next dilated on the virtues of St. Patrick. He concluded by saying that although each nation had its Patron Saint, they were all of one family, their name was Christian, their surname Catholic, their country Paradise and their Father the common Lord of all. He hoped the faith of the Irish would remain the same as at present till the end of the world.

References

- 1. 'The sons of Erin' refers to the Irish residents in Bangalore.
- 2. St. Patrick's Church was the Cathedral (Mother Church) of Bangalore for almost 100 years from 1844 to 1940. St. Francis Xavier's in Cleveland Town has been the Cathedral since 1940.
- 3. The altar of St. Patrick is located in the left transept of the Church. It is the only altar which has remained unchanged in its location from the beginning.
- The League of the Cross was a Roman Catholic total abstinence (teetotalism) confraternity founded in London by Cardinal Henry Edward Manning.
- 5. Fr. Anthony Mary Tabard was the longest serving Parish Priest of St. Patrick's Church (35 years -1891 to 1926). He is buried in the right transept of the church, a little before the altar of St. Joseph.
- 6. Solemn Mass sung in Latin, assisted by a deacon and sub-deacon and the use of incense.

Holy Father's Prayer Intentions - March Universal Intention: Scientists

That those involved in scientific research may serve the well being of the whole human person.

Missionary Intention: Women

That the unique contribution of women to the life of the Church may be recognised always.

WRITINGS OF ST. PATRICK

The following are extracts from the 'Confessio' written by St. Patrick around the year 452.

I would spend my life serving them in truth (Confessio, 13)

So be amazed, all you people great and small who fear God! You well-educated people in authority listen and examine this carefully. Who was it who called one as foolish as I am from the middle of those who are seen to be wise and experienced in law and powerful in speech and in everything? If I am most looked down upon, yet he inspired me, before others, so that I would faithfully serve the nations with awe and reverence and without blame: the nations to whom the love of Christ brought me. His gift was that I would spend my life, if I were worthy of it, to serving them in truth and with humility to the end.

Through me, many peoples have been reborn in God.

(Confessio, 14-16; with minor edits)

I give unceasingly thanks to my God, who kept me faithful in the day of my testing. Today I can offer him sacrifice with confidence, giving myself as a living victim to Christ, my Lord, who kept me safe through all my trials. I can say now: Who am I Lord, and what is my calling, that you worked through me with such divine power? You did all this so that today among the Gentiles I might constantly rejoice and glorify your name wherever I may be, both in prosperity and in adversity. You did it so that, whatever happened to me, I might accept good and evil equally, always giving thanks to God. God showed me how to have faith in him forever, as one who is never to be doubted. He answered my prayer in such a way that in the last days, ignorant though I am, I might be bold enough to take up so holy and so wonderful a task, and imitate in some degree those whom the Lord had so long ago foretold as heralds of his Gospel, bearing witness to all nations.

How did I get this wisdom that was not mine before? I did not know the number of my days, or have knowledge of God. How did so great and salutary a gift come to me, the gift of knowing and loving God, though at the cost of homeland and family? I came to the Irish peoples to preach the Gospel and endure the taunts of unbelievers, putting up with reproaches about my earthly pilgrimage, suffering many persecutions, even bondage, and losing my birthright of freedom for the benefit of others.

If I am worthy, I am ready also to give up my life without hesitation and most willingly, for his name. I want to spend myself in that country, even in death, if the Lord should grant me this favour. I am deeply in his debt, for he gave me the great grace that through me, many peoples should be reborn in God, and then made perfect by Confirmation and everywhere among them clergy be ordained for a people so recently coming to believe, one people gathered by the Lord from the ends of the earth. As God had prophesied of old through the prophets: "The nations shall come to you from the ends of the earth, and say: How false are the idols made by our fathers; they are useless."

It is among that people that I want to wait for that promise made by him, who assuredly never tells a lie. He makes a promise in the Gospel: "They shall come from the east and west, and sit down with Abraham, Isaac and Jacob." This is our faith: believers are to come from the whole world.

Whatever little I did was a gift from God (Confessio, 60-62)

The sun which we see rising for us each day at his command, that sun will never reign nor will its splendour continue forever; and all those who adore that sun will come to a bad, miserable penalty. We, however, believe in and adore the true sun, that is, Christ, who will never perish. Nor will they perish who do his will but they will abide forever just as Christ will abide forever. He lives with God the Father almighty and with the Holy Spirit before the ages began, and now, and for all the ages of ages. Amen.

Again and again I briefly put before you the words of my confession. I testify in truth and in great joy of heart before God and his holy angels that I never had any other reason for returning to that nation from which I had earlier escaped, except the gospel and God's promises.

I pray for those who believe in and have reverence for God. Some of them may happen to inspect or come upon this writing which Patrick, a sinner without learning, wrote in Ireland. May none of them ever say that whatever little I did or made known to please God was done through ignorance. Instead, you can judge and believe in all truth that it was a gift of God. This is my confession before I die.

THE HISTORY OF ST. PATRICK'S CHURCH

"For now have I chosen and sanctified this house, that my name may be there forever: and my eyes and my heart shall be there perpetually." (2 Chronicles 7:16)

Early Beginnings

The foundation for St. Patrick's Church was laid in July 1841, and the Church itself was built and completed in the next 3 and half years, by the end of 1844. The Church was dedicated to the honour of the Holy Trinity, under the name of the Blessed Virgin Mary and the Archangel Michael, and was dedicated as the "Church of the Assumption". However, even before it was completed, it came to be known as St. Patrick's Church due to its popularity with the Irish troops stationed in the surrounding areas.

The construction was undertaken by Fr. Jacques Henri Gailhot, the Chaplain for the British troops, and the first Parish Priest of the Church. The Church was a part of the Diocese of Mysore, and Bishop Charbonnaux of Mysore made it his Cathedral in 1845. In 1891, Fr. Anthony Mary Tabard became the seventh Parish Priest of St. Patrick's - a tenure that was to last for over 35 years!

In 1892, Fr. Tabard began the construction of St. Patrick's School and Orphanage. The construction was completed in the next two years and housed around a hundred boarders. Renovation was undertaken on the Church between 1894 and 1899.

St. Patrick's consecrated as a Cathedral

One of the most notable moments in the history of St. Patrick's is its official Consecration as the 'Cathedral' (mother Church) of the Diocese of Mysore. A memorial stone near the main door of the Church reads: "Consecrated to the glory of Almighty God, and of the Immaculate Virgin, under the title of St. Patrick on the 12th day of November 1899 by the Rt. Rev. E. L. Kleiner D.D., Bishop of Mysore, assisted by the Rt. Rev. J. Bordou D.D., Bishop of Coimbatore, and the Rt. Rev. T. Mayer D.D., Bishop of Arcadiopolis and Auxiliary Bishop of Madras in the large concourse of clergy and people."

On 17th, 18th and 19th May 1904, the III Eucharistic Congress in India was held in St. Patrick's Church. The Congress was attended by nine Bishops, hundreds of priests and a large number of the faithful. It was presided over by Rev. Hurth, the Bishop of Dacca.

As a part of the Bangalore Diocese

On 13th February 1940, Bangalore became a separate diocese, and St. Francis Xavier's became the Cathedral Church. On the advice of the Diocesan Council, Bishop Maurice Despatures of Mysore asked the Pope for permission to make St. Patrick's a canonical parish with personal jurisdiction for Europeans, Goans, Konkanis and Parsis who were residing within the parish boundaries of St. Mary's and Sacred Heart Churches. The permission was granted, and the personal jurisdiction continued till the early 1960's. Thereafter, St. Patrick's became a territorial parish, just like its neighbours.

It is also interesting to know that Fr. Tabard, Lady Bowring and six Bishops are buried in St. Patrick's Church. Apart from those of Fr. Tabard and Lady Bowring, the graves of the six Bishops have been lost during numerous restorations, though their approximate locations are known by the Latin tombstones spread throughout the Church.

St. Patrick's Church Today

Over the years, St. Patrick's Church has served as Cathedral to seven Bishops and has been served by seventeen Parish Priests.

The Church was renovated in the year 2000 by then Parish Priest Rev. Fr. Patrick Digby. The major changes were the shifting of several altars, sealing many windows and removing the brown tint from the windows, thereby changing the ambience. The structure was further renovated in the year 2012 by the present Parish Priest, Rev. Fr. Sagayanathan, with the assistance of artisans from Nagarcoil, Tamil Nadu. For the first time, the entire outward structure was replastered and the resplendent Gothic beauty of this glorious Church was restored.

St. Patrick's Church has grown over the years. One of the recent additions has been the construction of the Adoration and Reconciliation Chapel in 2009 - an addition made by Fr. Jayanathan. The Church complex also houses St. Anthony's Shrine, St. Patrick's Boys' Home, St. Patrick's Shopping Complex, St. Patrick's Industrial Training Institute, PU College, Community College, Nursery and the Middle and High School. The entire complex is managed by a team of just 3 priests, including the Parish Priest.

We hope and pray that in God's mercy and with the intercession of St. Patrick, this Church may grow to greater heights.

THE JOY OF BEING AN ALTAR SERVER

Often, I see an adult serving at the Lunch Break Mass on weekdays, as the young altar boys/girls are away at school or college. It really gives me immense joy to see him assist the Priest at the altar.

It so happened one day, that I went to the Sacristy to see if there was anyone to serve that Mass. The man was seated there, preparing himself to serve The Lord. As soon as he saw me, he got up to join the congregation and allow me to serve in his stead. Before he went, he left me with words that I will not forget. He said with a smile, "Half the Grace is mine". It dawned on me then, after more than eight years as an Altar Server, that my life was beautiful ONLY because of God's Grace - especially the Grace I received by assisting at His Holy Altar. It is this very Grace that keeps my faith firm in Jesus and my life simple, yet meaningful.

Many people undermine Altar Servers these days, but before the Second Vatican Council, Altar Servers were some of the most educated people in the Church, after the Priests. Before the Council, it was necessary for Altar Servers to learn Latin. That rule no longer stands. The Lord opened up the gates for even simple people to serve Him at Mass.

I've been serving at Mass for over eight years now, and in the process have discovered the Eucharist in a deeper and more meaningful way. Also, as can be observed during Offertory, the Priest - who takes the place of Christ - thanks the Altar Server with a bow, which is an honour that I truly cherish.

I'm seventeen now and the abundance of Grace that I've received from this ministry makes me unhesitatingly profess Jesus as my Lord and God. Altar Service has impacted my life in wonderful ways. It has also helped me in my studies and activities in school and college. I believe God does raise to great heights those who serve at His Holy Altar!

I, therefore, appeal to you young friends of the Parish Community - do not hesitate to serve at God's Holy Altar. Come, enjoy His Graces, and be assured of His protection and His guiding hand in your life!

Nihar Fernandes Altar Servers Association

COUNSELLING FACILITY AT ST. PATRICK'S

In the course of our daily life, Social, Emotional, Family and Work related problems are inevitable as each of us is challenged to deal with stress. To need help is normal and to be capable of accepting help from others is a sign of strength.

What is Counselling?

There is a common misconception that Counselling is "advice giving and offering solutions". This approach only diminishes the client's / individual's capacity to act as an independent person. Instead, we use an active communication process which is "listening". Counselling is Listening, using all the senses to understand the other person, with the purpose of helping the other view his/her problem from an objective point of view.

For those who might not be aware, we at St. Patrick's parish have a Counselling Centre that opened two and a half years ago. It is located behind the Church. Should you ever feel the need to see (meet) a Counsellor or just talk to someone, our Centre is open on Tuesdays and Fridays from 4.30 p.m. to 6.30 p.m. You can walk into the Centre or make an appointment by ringing St. Patrick's Church Parish office on 080-25587213 and they will put you in touch with the Counsellor in charge of the Centre. She will then assess your need and decide which Counsellor you should meet.

Please do not hesitate to use this facility. Our Counsellors are experienced and trained to listen with empathy, respect and in a non-judgmental manner. Complete confidentiality is assured.

"The altar server occupies a privileged place in the liturgical celebration. He experiences firsthand that Jesus Christ is present and active in every liturgical act. Therefore, in the liturgy, you are much more than simple "helpers of the parish priest." Above all, you are servers of Jesus Christ, of the eternal High Priest."

- Pope John Paul II

St. Patrick's Church is recruiting boys & girls for Altar Serving. All those above the age of 7 who are interested in participating in this privileged liturgical ministry may kindly contact Father Arun Santosh at +91-99647 29728.

SCHEDULE FOR HOLY WEEK

Following is the schedule for Holy Week services, which will be conducted at the church premises:

PALM SUNDAY; 29th March 2015

Masses as on Sundays; Blessing of the Palms shall be done at the Parking Lot followed by the Procession before the 8.30 AM Mass. Palms shall be distributed after the 9.45 AM, 11.00 AM and 6.00 PM Masses.

HOLY THURSDAY; 2nd April 2015

Mass of the Lord's Supper and Washing of the Feet shall be at 6.00 PM. Thereafter, the Blessed Sacrament shall be reserved at the Altar of Repose at St. Anthony's Shrine. Adoration in different languages will be as follows:

7.00 PM to 8.00 PM: Kannada 8.00 PM to 9.00 PM: Konkani 9.00 PM to 10.00 PM: Tamil 10.00 PM to 11.00 PM: English 11.00 PM until Midnight: Malayalam

After Midnight, the Blessed Sacrament shall be reserved without any solemnity, until the Easter Vigil.

GOOD FRIDAY; 3rd April 2015

Timings for the **Way of the Cross** are as follows:

1. 8.00 AM in Konkani

- 2. 9.00 AM in English
- 3. 9.00 AM for children at the Mini Hall

The Liturgy of the Passion and Veneration of the Cross will be celebrated at 6.00 PM.

HOLY SATURDAY; 4th April 2015:

No services in the morning (except Confessions). The Easter Vigil will be celebrated at 9.00 PM. You are requested to bring candles for the Liturgy of the Light and the Renewal of Baptismal Promises. Candles will also be available for sale at the venue.

EASTER SUNDAY; 5th April 2015: Masses as on Sundays (Evening Mass at 6.00 PM)

Kindly Note:

- 1. The Paschal Triduum Services in English will be in the Church; whereas Tamil services shall be in the Community Hall.
- 2. Timings for Confessions shall be intimated later.
- 3. Parking arrangements and other announcements shall be intimated later.
- 4. For further information, you may kindly contact the Parish Office.

RELIGIOUS ACTIVITIES WITHIN OUR PARISH

- a) Daily Mass: 6am, 6.30am (Tamil), 7am, 1.15pm, 5.30pm. Saturday evening Mass at 6pm (Sunday Liturgy)
- b) Sunday Mass: 6am (Kannada), 7.15am (Tamil), 8.30am (Children's Mass), 9.45am, 11am, 6pm
- c) Shrine Mass: Every Tuesday at 10am in Kannada and at 6pm in Tamil
- **d) Eucharistic Adoration:** Every **Thursday** from 6pm to 6.45pm (during the Lenten season)
- e) Way of the Cross: English: Every Friday after the 5.30pm Mass. A short Way of the Cross will be held after the Sunday evening Mass; Tamil: Every Friday at 10.30pm; Konkani: Every Friday at 4.30pm.
- f) Adoration Chapel: Exposition everyday from 6am to 7pm. On Tuesdays, exposition up to 9.45pm.

- g) Confessions: Every Saturday 5pm to 6pm at the Adoration Chapel
- h) Altar Servers Meeting: Every Saturday immediately after 1.15pm Mass (Contact Fr. Arun Santosh +91-9964729728)
- Legion of Mary: Meetings every Monday at 4.15pm (Contact Ms. M. Menezes + 91-9845426746)
- j) Legion of Mary (Tamil): Meetings every Sunday from 8.30am to 9.30am (Contact Mr. John Leonard +91-9916896446)
- k) St Vincent de Paul: Meetings every Tuesday at 6pm (Contact Mr. Moses +91-9844178155)
- l) Ladies of Charity: Meetings every first Thursday of the month at 4.30pm (Contact Ms. Stella Monga +91 8147971118)
- m) Counselling Centre: Open every Tuesday and Friday between 4.30pm to 6.30pm. (Contact +91-80-25587213)

St. Patrick's Church
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Email: st.patricksblr@gmail.com
Facebook.com/stpatricks.church.9
Twitter.com/patrickschurch

Office Timings:
Daily: 9am - 5pm;
Lunch timings -1pm to 2pm;
Saturday: 9am to 1pm;
Sunday: 9am to 12.15pm

Please contact us at patricianblr@gmail.com for any feedback/contributions.

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