



# THE PATRICIAN

*Speaking the Truth in Love (Eph 4:15)*

August 2016

## MESSAGE FROM PARISH PRIEST

Where the mind is without fear and the head is held high;  
Where knowledge is free;  
Where the world has not been broken up into fragments by narrow domestic walls;  
Where words come out from the depth of truth;  
Where tireless striving stretches its arms towards perfection;  
Where the clear stream of reason has not lost its way into the dreary desert sand of dead habit;  
Where the mind is led forward by Thee into ever-widening thought and action--  
Into that heaven of freedom, my Father, let my country awake.

-Rabindranath Tagore (Gitanjali)

The month of August brings a reminder of the most memorable day for us Indians - the month we celebrate our nation's Independence Day. To be free, to think free and to be oneself is what every human dreams of and that is God's gift which every human has received! It surely gives us pride to salute our nation's development and the mark that India has made in this global world. The secular perception - the freedom to speak the language that we know, the faith that we follow, the soil we till, the very water that flows from hundreds of rivers that keeps our nation so effervescent - the INDIA that we are so overweening of - Jai Hind!

The autonomy of India comes woven with a long association with the Church as well. It is on this Independence Day of India, August 15<sup>th</sup> that we also celebrate the Assumption of our Blessed Mother to Heaven. On this day the universal church celebrates the Feast of the Assumption of Mary into Heaven. She sits in the heavenly abode, praying and interceding for us. It is with her prayers and mercy that we flourish in our faith in God the Almighty and his dear son Jesus Christ.

With a small reflection I tweet to our parishioners: "The Feast of the Assumption of Mother Mary prompts us to acknowledge the basis for this joyful hope. Yes, we are still pilgrims; but our Mother has gone on ahead, where she points to us the reward for our efforts. She tells us that we can make it. And if we are faithful, we will reach home. The Blessed Virgin is not only our model; she is the Help of Christians. And

as we besiege her with our petitions – 'Show that you are our Mother' – she cannot help but watch over her children with motherly care."

On a lighter note, this month we also celebrate the modern Friendship Day on August 7<sup>th</sup> - a day for revival of friendships which is eulogized by means of the latest technology -social networking, SMS, e-mails, and phones - so primitive was time not so long ago, but so modern today, that we are so far from each other yet feel so near, in this vast globe where we feel so much at home to live in! We will also celebrate the annual Parish Community Weekend and I request the whole community of St. Patrick's to come together and make every effort to make the celebration a great success!

With all the exuberance that fills this month of August, I wish each of our parishioners a blessed month. Let this month be filled with faith and prayers-let our day begin with "You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you" and at the end of the day be in gratitude "Thank you Lord for the blessings; keep us safe and provide us with strength."

God Bless us all.

**Msgr. C Francis**  
**Parish Priest**  
**Vicar General - Archdiocese of Bangalore**

## ST. LAWRENCE CHURCH - A MINOR BASILICA

On August 1, S Lawrence Shrine in Attur, Karkala in Udupi district will be officially elevated to the status of a 'Minor Basilica'. This will make it only the second shrine in Karnataka to get this status - our very own St. Mary's Basilica in Shivaji Nagar is the other one - and the 22<sup>nd</sup> in India.

The origins of St. Lawrence Church can be traced back to 1759 - but the original church was destroyed by Tippu Sultan. The Christians built a smaller church at near by Akre in 1801 and this was replaced by another building - around 4kms away - in 1839. The reconstruction of the present shrine at Attur has an

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## EDITORIAL BOARD

Rev. Monsignor C. Francis  
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**COMMUNITY WEEK SCHEDULE**

St. Patrick's Church invites all our parishioners to join us in celebrating our Community Week on the 12<sup>th</sup>, 13<sup>th</sup> and 14<sup>th</sup> of August. The schedule of events is as below. Please participate and make the Community Week a success.

DATE	TIME	EVENT
12-08-2015 Friday	5-5.30pm	Adoration
	5.30-6pm	Inaugural Mass
	6.15pm onwards	Movie and popcorn
13-08-2016 Saturday	2pm	Cricket for boys
		Dodge ball for girls
	6pm	Bible Quiz
14-08-2016 Sunday	9am	Glass painting & clay modeling
	After 8.30am Holy Mass	Games for kids
		Carrom for adults
	After 11am Mass	Football for adults
		Throw ball for girls
	5pm	Thanksgiving Community Mass
	6.15pm	Variety entertainment
8pm	Fellowship dinner	

**BIBLE QUIZ SYLLABUS**

Age Group	Syllabus
6-12 Years	Gospel according to Matthew: Ch. 1 to 10
13-30 Years	Book of Proverbs
>30 Years	Gospel according to John

**Additional Syllabus**

1. Sacrament of Reconciliation in Catechism of Catholic Church (CCC) pages 274-286.
2. Identify the saints.
3. St. Patrick's church - history and up to date general information. (Booklets will be provided to the Zonal Leaders)

**Kindly read the RSV version of the catholic Bible.**

**SCHOLARSHIP SCHEMES FOR MINORITY COMMUNITY**

The government has announced Scholarship Schemes for the Minority Community for 2016-17.

**Pre and Post-Matric**

- I to Vth std - Rs. 1000p.a; Income Limit - Rs. 1 lakh
  - VI to Xth std - Rs. 5000p.a; Income Limit - Rs. 1 lakh
  - 11 & 12th std - Rs. 9000p.a; Income Limit - Rs. 2 lakh
  - Under Graduate - Rs. 6000p.a; Income Limit - Rs. 2 lakh
- Last Date - 31st August**

**Merit-Cum-Means**

- Professional & Technical courses - Rs. 25000 p.a
  - Income Limit - 2.5lakh
- Last Date - 31st October**

It is mandatory for all students to apply online on [www.momascholarship.gov.in](http://www.momascholarship.gov.in)  
[www.scholarships.gov.in](http://www.scholarships.gov.in)  
[www.registrations.scholarships.gov.in](http://www.registrations.scholarships.gov.in)

After submitting applications online, take a printout of the application and submit it in the Institution/College.

Please refer the above websites for more detailed information.

**IMPORTANT DAYS IN AUGUST**

- Aug 01:** Feast of St. Alphonsus Maria de Ligouri, founder of the Redemptorist Congregation.
- Aug 04:** Feast of St. John Mary Vianney, patron of diocesan priests.
- Aug 14:** Feast of St. Maximilian Maria Kolbe, patron of the Prison Ministry.
- Aug 15:** Assumption of the Blessed Virgin Mary.
- Aug 20:** Feast of St. Bernard of Clairvaux, patron of our Archbishop.
- Aug 22:** Queenship of the Blessed Virgin Mary.

**Holy Father's Prayer Intentions - AUGUST**

**Universal: SPORTS**

That sports may be an opportunity for friendly encounters between peoples and may contribute to peace in the world.

**Evangelization: LIVING THE GOSPEL**

That Christians may live the Gospel, giving witness to faith, honesty, and love of neighbor.

### 10 TIPS TO BEING HAPPY, FROM POPE FRANCIS

Here are 10 tips to happiness from our Holy Father, Pope Francis himself.

1. **"Live and let live."** Everyone should be guided by this principle, he said, which has a similar expression in Rome with the saying, "Move forward and let others do the same."

2. **"Be giving of yourself to others."** People need to be open and generous toward others, he said, because "if you withdraw into yourself, you run the risk of becoming egocentric. And stagnant water becomes putrid."

3. **"Proceed calmly"** in life. The Pope, who used to teach high school literature, used an image from an Argentine novel by Ricardo Güiraldes, in which the protagonist - gaucho Don Segundo Sombra - looks back on how he lived his life. He says "that in his youth he was a stream full of rocks that he carried with him; as an adult, a rushing river; and in old age, he was still moving, but slowly, like a pool of water" the Pope said. He also said he likes this latter image of a pool of water - to have "the ability to move with kindness and humility, a calmness in life."

4. **"A healthy sense of leisure."** The pleasures of art, literature and playing together with children have been lost, he said. "Consumerism has brought us anxiety" and stress, causing people to lose a "healthy culture of leisure." Their time is "swallowed up" so people can't share it with anyone. Even though many parents work long hours, they must set aside time to play with their children; work schedules make it "complicated, but you must do it," he said. Families must also turn off the TV when they sit down to eat because, even though television is useful for keeping up with the news, having it on during mealtime "doesn't let you communicate" with each other, the pope said.

5. Sundays should be holidays. Workers should have Sundays off because **"Sunday is for family,"** he said.

6. Find innovative ways to **create dignified jobs for young people.** "We need to be creative with young people. If they have no opportunities they will get into drugs" and be more vulnerable to suicide, he said. "It's not enough to give them food," he said. "Dignity is given to you when you can bring food home" from one's own labour.

7. **Respect and take care of nature.** Environmental

degradation "is one of the biggest challenges we have," he said. "I think a question that we're not asking ourselves is: 'Isn't humanity committing suicide with this indiscriminate and tyrannical use of nature?'"

8. **Stop being negative.** "Needing to talk badly about others indicates low self-esteem. That means, 'I feel so low that instead of picking myself up I have to cut others down,'" the Pope said. "Letting go of negative things quickly is healthy."

9. **Don't proselytize;** respect others' beliefs. "We can inspire others through witness so that one grows together in communicating. But the worst thing of all is religious proselytism, which paralyzes: 'I am talking with you in order to persuade you,' No. Each person must dialogue, starting with his or her own identity. The church grows by attraction, not proselytizing," the pope said.

10. **Work for peace.** "We are living in a time of many wars" he said, and "the call for peace must be shouted. Peace sometimes gives the impression of being quiet, but it is never quiet, peace is always proactive and dynamic."

### ST. LAWRENCE CHURCH - Contd. from page 1

interesting background. The parishioners of the old church, along with their parish priest, went to look for a proper location to build a new church, carrying with them the statue of St. Lawrence. They stopped at a spring to quench their thirst and placed the statue on the ground. Once they were ready to resume their search, they tried to lift the statue, but could not do so. On seeing this, the priest promised to build the church in the same spot.

Soon the church became a place for pilgrimage. In the year 1895, the then parish priest, Rev. Fr. Frank Pereira, finding so many devotees of St. Lawrence flocking to this Church and claiming to have received innumerable favours from the Saint fostered the devotion further and organized novenas and prayer services making them more meaningful. The shrine has since grown in fame and in the year 2015, over 12 lakh pilgrims are supposed to have visited the shrine.

The solemn proclamation and dedication of the Basilica will take place on August 1<sup>st</sup> with a Thanksgiving Holy Mass. We pray that through the intercession of St. Lawrence, all pilgrims to this shrine continue to receive spiritual and material blessings from the Lord.

## MOTHERS' PRAYERS

We are all familiar with the story of St. Augustine and his mother St. Monica. In his early youth, St. Augustine lived an immoral life, but his mother continuously prayed and fasted for him. He eventually had a radical transformation in his life - was baptized, became Bishop of Hippo and was canonized a saint.

While thankfully not all of us mothers may be in similar situations of despair with regard to our children, we could still follow the example of St. Monica and contribute significantly to the spiritual and physical wellbeing of our children, by praying for them constantly.

The end of June this year marked ten years since I joined the 'Mothers' Prayers' group. We are essentially a group of mothers who come together once a week to pray for our children.

Mothers' Prayers was launched in England in 1995. At that time, two grandmothers Veronica and her sister-in-law Sandra, felt led by the Lord to pray in a special way for their children. They felt that they should bring all the pain and the worries they had for their children to Him and to trust in His words 'Ask and you will receive'. Through this promise, they understood that the Lord is just waiting to take away pain and to bless and heal them and their children when they

come to Him in faith.

Mothers' Prayers has now spread throughout the world, and currently has a presence in over 120 countries. There have been many wonderful answers to prayers the world over, including children coming off drugs, children returning home after being absent for many years, improvements in children's health and relationships (in the family and at school). The mothers also have been blessed and have experienced a great peace.

A prayer group may be started with a minimum of two mothers as members, and a maximum of eight. Those wishing to start a prayer group may contact the world headquarters of the Mothers' Prayers group in Kent, England and obtain the prayer booklets (email: office@mothersprayers.org). In addition to strictly following the instructions given in the prayer booklet, our group starts each meeting with a Chaplet of Divine Mercy. Members meet every week and obey a strict rule of confidentiality. Anything that is said at the meeting must not be repeated outside.

In the ten years since I joined the group, I must say that I have never regretted it. It has increased my faith a hundredfold.

- Jini Swaminathan  
St. Peter's Zone

## RELIGIOUS ACTIVITIES WITHIN OUR PARISH

- a) **Daily Mass:** 6am, 6.30am (Tamil), 7am, 1.15pm, 5.30pm. Saturday evening Mass at 6pm (Sunday Liturgy).
- b) **Sunday Mass:** 6am (Kannada), 7.15am (Tamil), 8.30am (Children's Mass), 9.45am, 11am, 6pm.
- c) **Shrine Mass:** Every Tuesday at 10am in Kannada and at 6pm in Tamil.
- d) **Eucharistic Adoration:** Every Friday 6pm to 6.45pm.
- e) **Adoration Chapel:** Exposition every day from 6am to 7pm. On Tuesdays, exposition up to 9.45pm.
- f) **Confessions:** Every Saturday 5pm to 6pm at the Adoration Chapel.
- g) **Altar Servers Meeting:** Every Saturday immediately after 1.15pm Mass.
- h) **Faith Formation for children:** Every Sunday after 8.30am Mass - up to 10.30am.
- i) **Legion of Mary:** Meetings every Monday at 4.15pm (Contact Ms. M. Menezes + 91-9845426746).
- j) **Legion of Mary (Tamil):** Meetings every Sunday from 8.30am to 9.30am (Contact Mr. John Leonard +91-9916896446).
- k) **St Vincent de Paul:** Meetings every Tuesday at 6pm (Contact Mr. Walter Fernandes +91-9901904718).
- l) **Ladies of Charity:** Meetings every first Thursday of the month at 4.30pm (Contact Ms. Stella Monga +91 8147971118).
- m) **Counseling Centre:** Open every Tuesday and Friday between 4.30pm to 6.30pm. (Contact +91-80-25587213).

St. Patrick's Church  
15-K Brigade Road, Bengaluru  
Phone - +91-80-25587213 / 41511044  
Email: st.patricksbblr@gmail.com  
Website: www.stpatricksbblr.com

Office Timings:  
Daily: 9am - 5pm;  
Lunch timings - 1pm to 2pm;  
Saturday: 9am to 1pm;  
Sunday: 9am to 12.15pm

Please contact us at  
patricianblr@gmail.com for any  
feedback/contributions.

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